



## ESCALA DE PLANTÃO À DISTÂNCIA - JULHO/2026

### ORTOPEDIA

| DIA | SEMANA        | DIA: (07:00 às 13:00) | DIA: (13:00 às 19:00) | NOITE: (19:00 às 07:00) |
|-----|---------------|-----------------------|-----------------------|-------------------------|
| 1.  | quarta-feira  | EIJI NAKAHASHI        | PAULO SHOSEI          | SERGIO NAKAHASHI        |
| 2.  | quinta-feira  | THALES MOREIRA        | THALES MOREIRA        | FERNANDO VENTURINELI    |
| 3.  | sexta-feira   | FERNANDO VENTURINELI  | FERNANDO VENTURINELI  | EIJI NAKAHASHI          |
| 4.  | sábado        | EIJI NAKAHASHI        | EIJI NAKAHASHI        | EIJI NAKAHASHI          |
| 5.  | domingo       | THALES MOREIRA        | THALES MOREIRA        | THALES MOREIRA          |
| 6.  | segunda-feira | PAULO SHOSEI          | PAULO SHOSEI          | PAULO SHOSEI            |
| 7.  | terça-feira   | SERGIO NAKAHASHI      | ULISSES COELHO        | SERGIO NAKAHASHI        |
| 8.  | quarta-feira  | EIJI NAKAHASHI        | PAULO SHOSEI          | SERGIO NAKAHASHI        |
| 9.  | quinta-feira  | THALES MOREIRA        | THALES MOREIRA        | PAULO SHOSEI            |
| 10. | sexta-feira   | PAULO SHOSEI          | PAULO SHOSEI          | SEIJI NAKAHASHI         |
| 11. | sábado        | SEIJI NAKAHASHI       | SEIJI NAKAHASHI       | SEIJI NAKAHASHI         |
| 12. | domingo       | SEIJI NAKAHASHI       | SEIJI NAKAHASHI       | SERGIO NAKAHASHI        |
| 13. | segunda-feira | PAULO SHOSEI          | PAULO SHOSEI          | PAULO SHOSEI            |
| 14. | terça-feira   | SERGIO NAKAHASHI      | ULISSES COELHO        | SERGIO NAKAHASHI        |
| 15. | quarta-feira  | EIJI NAKAHASHI        | PAULO SHOSEI          | SERGIO NAKAHASHI        |
| 16. | quinta-feira  | THALES MOREIRA        | THALES MOREIRA        | FERNANDO VENTURINELI    |
| 17. | sexta-feira   | FERNANDO VENTURINELI  | FERNANDO VENTURINELI  | EIJI NAKAHASHI          |
| 18. | sábado        | EIJI NAKAHASHI        | EIJI NAKAHASHI        | EIJI NAKAHASHI          |
| 19. | domingo       | PAULO SHOSEI          | PAULO SHOSEI          | PAULO SHOSEI            |
| 20. | segunda-feira | PAULO SHOSEI          | PAULO SHOSEI          | PAULO SHOSEI            |
| 21. | terça-feira   | SERGIO NAKAHASHI      | ULISSES COELHO        | SERGIO NAKAHASHI        |
| 22. | quarta-feira  | THALES MOREIRA        | PAULO SHOSEI          | SERGIO NAKAHASHI        |
| 23. | quinta-feira  | THALES MOREIRA        | THALES MOREIRA        | FERNANDO VENTURINELI    |
| 24. | sexta-feira   | FERNANDO VENTURINELI  | FERNANDO VENTURINELI  | FERNANDO VENTURINELI    |
| 25. | sábado        | PAULO SHOSEI          | PAULO SHOSEI          | PAULO SHOSEI            |
| 26. | domingo       | THALES MOREIRA        | THALES MOREIRA        | THALES MOREIRA          |
| 27. | segunda-feira | PAULO SHOSEI          | PAULO SHOSEI          | PAULO SHOSEI            |
| 28. | terça-feira   | SERGIO NAKAHASHI      | ULISSES COELHO        | SERGIO NAKAHASHI        |
| 29. | quarta-feira  | EIJI NAKAHASHI        | PAULO SHOSEI          | SERGIO NAKAHASHI        |
| 30. | quinta-feira  | THALES MOREIRA        | THALES MOREIRA        | FERNANDO VENTURINELI    |
| 31. | sexta-feira   | FERNANDO VENTURINELI  | FERNANDO VENTURINELI  | EIJI NAKAHASHI          |